

# Learn **HUMAN BIOLOGY**

## **About the Author**

Dr. Vivek Jain M.Pharm, PhD., has done M.Pharm from Department of Pharmaceutical Sciences & Drug Research, Punjabi University Patiala, Punjab and PhD from Department of Pharmacy, Banasthali University, Rajasthan, India. He is currently working as an Assistant Professor of Pharmacology at Department of Pharmaceutical Sciences, Mohanlal Sukhadia University (MLSU), Udaipur, Rajasthan, India.



He received two International grants from International Brain Research Organization (IBRO) France. He also received prestigious Japan Neuroscience Travel Award in year 2017. Beside this, he is also the receiver of

- Young Teacher Award in 2018 from EET CRS
- Young Scientist Award for Excellence in Research 2018 from Innovative Pharmacist Group & Oriental University Indore
- Late Ch. Braham Datt Dahiya Memorial Award-2012 by Association of Pharmaceutical Professionals, Bhopal, MP, India.

Moreover, Dr. Jain also contributed more than 25 research papers in high impact factor journals of international repute. He is impassioned about teaching and has been a popular teacher among students. He has introduced many innovative teaching methodologies at MLSU such as use of homemade models & toys. He also runs a YouTube Channel "TUTOR BOX" for free learning of various subjects of pharmacy & career guidance.



 **arihant**

ARIHANT PRAKASHAN (SERIES), MEERUT  
Published by ARIHANT PUBLICATIONS (INDIA) LIMITED

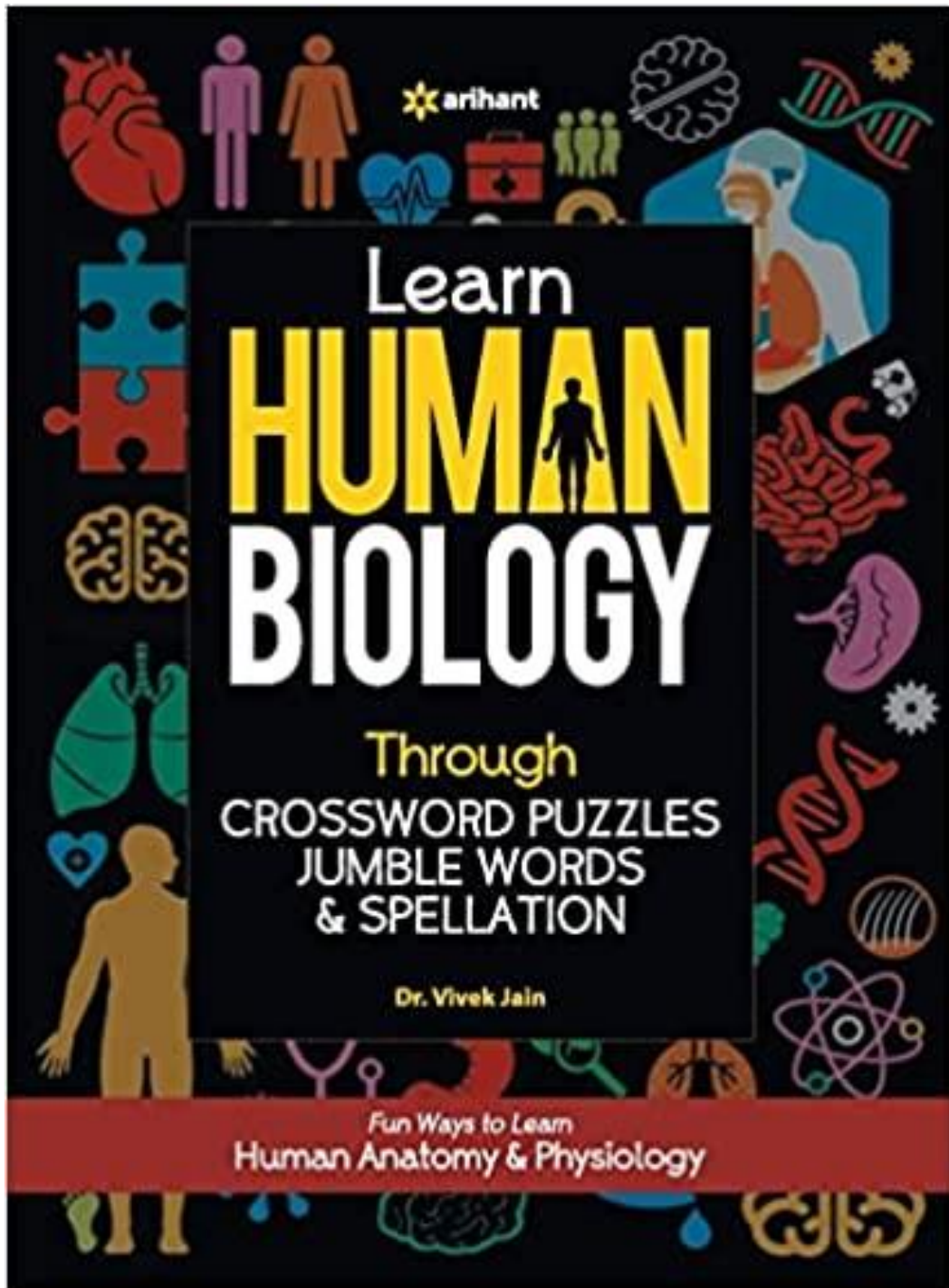


9 789325 295292



Code : C999

Follow us on    



arihant

Learn  
**HUMAN**  
**BIOLOGY**

Through  
CROSSWORD PUZZLES  
JUMBLE WORDS  
& SPELLATION

Dr. Vivek Jain

Fun Ways to Learn  
Human Anatomy & Physiology

# CONTENTS

1. Elementary Idea of Tissues	1-7
2. Nutrition, Balanced Diet and First Aid	8-11
3. Digestive System	12-19
4. Respiratory System	20-28
5. Blood	29-39
6. Cardiovascular System	40-49
7. Lymphatic System	50-55
8. Excretory System	56-65
9. Muscular System	66-72
10. Skeletal System	73-79
11. Nervous System-I	80-89
12. Nervous System-II	90-96
13. Sense Organs	97-103
14. Endocrine System	104-113
15. Reproductive System	114-122
16. Human Health and Diseases	123-132
17. Human Body : At a Glance	133-139